



YOUR DONATION to Calgary Health Trust

is transforming
health care by:

- 1 Developing World Class Care in Our Own Backyard
- 2 Impacting Albertans and Their Families
- 3 Improving Quality of Life for Those in Our Community

THANK YOU!

Foothills Medical Centre | Peter Lougheed Centre | Rockyview General Hospital
South Health Campus | Carewest | Community Health



Thanks to you, our donors!

Health care touches us all! Our donors know that health care is a vital part of our community and the foundation for a great life. It is something that will impact our family, friends, neighbours and one day, even ourselves.

Calgary Health Trust raises funds for health and wellness initiatives to ensure that everyone – young and old – is able to experience the highest quality of life! We have been raising funds for state-of-the-art technology, innovative programs,

research and education in health care for over 20 years. Together with the generosity of our donors, sponsors and volunteers, we have helped to make sure the best care is available for those who need it.

Because of you...



1. We opened the **CARE BY PARENT ROOM** at South Health Campus thanks to donors. Care by Parent Rooms allow families of newborns in the Neonatal Intensive Care Unit the space to learn skills they need to care for their baby before leaving the hospital.
2. Many passionate donors came together to help open the new **PREGNANCY AND INFANT LOSS CLINIC**, creating a space for grieving families to receive specialized care.
3. We invested over half a million dollars in customized Operating

Room tables that allow for the **ANTERIOR HIP** approach to be brought to Calgary. This new innovative technique allows patients to walk within three to four hours after hip replacement surgery and was only available in a handful of Canadian cities.

4. The new **RELAX & RECHARGE SPACE** at Peter Lougheed Centre was made possible by donors. This space is a great

place for families and staff and comes with a mobile recharge station.

5. Alberta Health Services, Alberta Infrastructure and Calgary Health Trust partnered to open a new **NEONATAL INTENSIVE CARE UNIT** at Peter Lougheed Centre, tripling the size of the previous space.

Celebrating You!

OUR DONORS DO INCREDIBLE THINGS FOR HEALTH CARE EVERY YEAR.

Some highlights from the year...

Neonatal Intensive Care Unit (NICU)



Michelle Renaud donated proceeds from her Spring Exhibition and Sale to the Foothills Hospital NICU totaling \$11,000.



To show their support for the incredible work being done, neonatologists donated \$100,000 towards the Foothills Hospital NICU.



Nicole Gomes hosted viewing parties for her competition in Top Chef Canada, resulting in \$45,000 for Foothills Hospital NICU.



Melissa Gaylard and her Small + Mighty Project continued to bring comfort to families in Calgary NICUs on World Prematurity Day through care packages and a donation.



Holt Renfrew's Annual Charity Shopping Event raised \$50,000 for the Foothills NICU.



Calbridge Homes gave an amazing \$500,000 towards the Foothills Hospital NICU expansion project.

Mental Health



The SHOPPERS LOVE. YOU. Run for Women raises money and awareness for women's mental health across the country and raised \$150,000 last year for the Women's Mental Health Clinic.



The Gone Too Soon Rory McCann Memorial Fundraiser brought in over \$30,000 for mental health and addictions in its third year.



This year marked the opening of a centralized Addiction & Mental Health Medication Clinic at Foothills Hospital thanks to donor generosity.



Reaching the Summit for Mental Health and Wellness is a partnership with the PPCLI Foundation and raised \$57,500 this year.

Hemodialysis



The RED FM Radiothon continued to show awesome support from the South Asian community at more than \$270,000 raised for the hemodialysis unit at Peter Lougheed Centre.



\$60,000 from Jim Gray and friends to hemodialysis to ensure patient comfort.

Community Fundraising

Peter Lougheed Centre hosted its first Spin-a-Thon along with their annual Wellness Jubilee bringing in almost \$20,000. Run for Rockyview raised \$39,274 and the South Health Campus Fun Run \$29,194.



We were so proud to partner again with the Libin Cardiovascular Institute of Alberta, University of Calgary and Alberta Health Services for The Beat Goes On Gala, which raised \$900,000 in its fourth year.



The Calgary Firefighters New Year's Eve Gala raised over \$370,000 for burn treatment and the 12 incredible charities supported by the Calgary Herald Christmas Fund.



The Tiny Footprints Gala raised \$67,588 this year, and were proud to be one of the donors to help make the opening of the expanded Pregnancy and Infants Loss Clinic possible.

Current Priority Investments

SPECIALIZED PEDIATRIC SPACE AT SOUTH HEALTH CAMPUS

Since opening its doors, the South Health Campus Emergency Room has seen pediatric patients from across South Calgary and surrounding area. For these families, it is 40 km to Alberta Children's Hospital.

Currently, pediatric patients in the emergency room are cared for in four designated beds surrounded by adult patients. As patient volumes and acuity increase for all age groups, the need for a dedicated area also increases. This space would provide an environment designed to meet the unique needs of pediatric patients and their families.

APPROXIMATELY
25% OF
EMERGENCY
PATIENTS SEEN
AT SOUTH HEALTH
CAMPUS ARE
UNDER THE
AGE OF 18.

624 HOURS/ YEAR
THE AVERAGE TIME A HEMODIALYSIS
PATIENT WILL SPEND IN TREATMENT*

HEMODIALYSIS EXPANSION AT PETER LOUGHEED CENTRE

Kidney failure does not discriminate. It can happen at any age because of both hereditary and lifestyle causes. For many of these patients, they will depend on hemodialysis for life-saving treatment close to home.

The expansion of the Hemodialysis Unit at Peter Lougheed Centre will create nine new stations and treat an additional 54 patients who depend on this form of therapy.

*based on three treatments per week

NEONATAL INTENSIVE CARE EXPANSION, RESEARCH, EDUCATION AND PROGRAMMING AT FOOTHILLS HOSPITAL

In Canada, 1 in 10 newborns will need the care of a Neonatal Intensive Care Unit. In Alberta that number increases to 1 in 8. We have the opportunity to not only provide the best care for these tiny patients, but to understand what can be done to change the statistics.

The Neonatal Intensive Care Unit at Foothills Hospital provides the highest level of care (level 3) to the tiniest and most critical newborns. The expansion of this unit and further investment in research, education and community programming geared towards prevention and improved outcomes will ensure that each child born in our province will have the best possible opportunity. It will improve their odds of surviving, lessen or avoid ongoing health complications and create a vibrant life for many generations.



YOUR INVESTMENT IN
CALGARY HEALTH TRUST
IS AN INVESTMENT IN
THOSE WHO NEED US MOST
- EVERY SINGLE DAY.

GI REDEVELOPMENT AT ROCKYVIEW GENERAL HOSPITAL

Patients age 15 – 105, from various demographics and with a variety of diseases will all rely on the care of Rockyview General Hospital's Gastrointestinal (GI) Endoscopy Unit. This new space will focus on patient-centred care delivery, training and education, advanced procedures and nutrition. The new space will give people suffering from functional bowel diseases a centralized approach to help them independently manage their disease and enhance their quality of life.



CAREWEST CLOSE TO HOME

Carewest is home to a diverse population of clients, residents and their families. Donations from the community help to enhance their quality of life and provide services that make Carewest feel more like home. Residents and clients already receive excellent care from compassionate and dedicated staff, but in supporting Carewest you are bringing many comforts and quality programs to these individuals.

GREATEST NEEDS

Our health is part of some of the best and worst moments of our lives. For some, it might be a quick visit – for others, it could be just one of many.

Supporting Calgary Health Trust means we can invest in brilliant surgeons and clinicians that are shaping the future of healthcare, we can fund innovative technology and equipment and we can build world-class centres of care that will be a national and international teaching hub, right here in our own backyard.

All because of you.

THE GI CLINIC SERVES PATIENTS
FROM ACROSS SOUTHERN ALBERTA
AND DEMAND FOR THE CLINIC'S
SERVICES IS EXPECTED TO
INCREASE BY MORE THAN
40%

PRECISION MEDICINE FOR COMPLEX IMMUNE DISEASES

Complex immune diseases can be extremely difficult to navigate without timely diagnosis and treatments. In many cases, time to diagnosis and treatment is a critical factor. Working together, multi-disciplinary specialists are now collaborating to provide precision medicine that provides the exact right treatment at the right time to the right patient in the area of complex immune disease throughout their lives.





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